



1



Wash your hands thoroughly and clean the outside of the growkit with a dry cloth.

Remove the lid and save it for step 2

2



Fill the growkit to the edge with lukewarm water (20°C), put the lid back on the growkit and let it soak for 5 minutes.

Important: never soak the growkit for more than 1 hour!

3



Remove the lid from the growkit and drain the water well.

Let the growkit drain for 10 seconds.

4



Place the growkit in the growbag and fill the growbag with a cup (200-250ml) of lukewarm water (20°C).

Then fold the top of the bag and close it with 2 paperclips.

5



Place the growkit in a place with 20-25°C average room temperature. Make sure that the growkit is not in direct sunlight, not under a lamp and not near a radiator/heat source.

Important: the bag must remain closed until the first pinheads form. Until then the CO2 content and humidity inside the bag should be as high as possible.

6



When the first pinheads* are visible, let some fresh air into the growbag on a daily basis (for a few minutes) and then moisten the growkit with a misting bottle.

*Pinheads are the first visible forms of tiny mushroom caps. It can take 10 to 20 days for the first pinheads to be visible.

7



The mushrooms can be harvested just before the membranes on the bottom of the cap open up. While harvesting gently grasp the stem and turn it left/right. When the mushroom becomes loose, pull it out as carefully as possible.

Important: the mushroom must be completely removed so that there is room for a new one.

8



Congratulations, the harvest is complete. It is now possible to grow a new flush of mushrooms by repeating steps 1 to 7 again.