



Supa Envy Grow Kit Instructions

www.magic-mushrooms-shop.com

Congratulations!

You have purchased the unique Supa Envy grow kit, the latest kind specially developed by SupaGro. The Supa-lab has been working for a long time in order to make a stable and resistant kit for home use that is based on the Penis Envy strain.

And here it is! The SupaGro Supa Envy!

A few important things to read before you go on further. If this is not your first kit, you will notice that the SupaGro kit is completely different from what you have used and seen so far. This is due to the fact that SupaGro kits are produced with special technology with no fillers or space takers ensuring you have a 100% pure mycelium for 100% results. That is why also a few different rules apply:

- **SUPA GRO** kit has enough water inside, so soaking / submerging the kit is **not needed** before first flush!
- Our specially designed Supa Bag, has holes ensuring plenty of fresh air circulation and healthy growth, so there is no need to ventilate!
- (optionally the micronfilter bag is included. When you prefer using this bag instead; ventilate 2 times a day by opening the bag and refreshing the air.)

SupaGro recommends to start with the growing process as soon as you receive the kit. If you decide to keep your box for later growing; it can be kept refrigerated. The box can be preserved at least for six weeks after you receive it at 3 to 5 degrees Celsius. You should keep in mind that your home fridge might not be the best place to keep, as there is plenty of bacteria inside. For best results when preserving, store the box in air sealed plastic bag.

Contents

- 1x SupaGro 100% mycelium box
- 1x Specially designed plastic "Supa Bag" with holes for SupaGro results !
- 1x Micronfilter bag (optional use instead of "Supa Bag")
Ventilate 2 times a day!
- 2x Paperclips to seal the bag

You need

- Waterspray
- Clean tap water or mineral water.
- A place to put the kit with a temperature between 18°C and 30°C (23°C is optimal)
- Daylight, fluorescent or luminescent light generally cold light. (direct sunlight is a killer)

Starting the process

Please mind once again! These kits are produced with a special technology ensuring that there is plenty of moisture in it, therefore:

We do not recommend soaking/submerging the SUPA GRO mycelium brick before first flush!

1. Take the SupaGro box out of the cardboard package.
2. Remove the lid completely, wash it under running water and store it. You will need it later.
3. Put the SupaGro box in the transparent "Supa Bag".
Make sure that the opening of the bag is pointing upwards and the bag is standing straight up. This bag serves as a terrarium and does not need any air filters as SupaGro kits really needs to breathe!
4. Close the Supa Bag with the two paper clips, folding it once.
5. Now put the complete kit back inside the carton box.
6. Put the kit in a warm environment. 18 Degrees Celsius is an absolute minimum, and 30 degrees Celsius is an absolute maximum. 23 degrees Celsius is optimal. Do not put your grow kit in direct sunlight or close to a household heating system! Indirect sunlight or fluorescent or luminescent light is ideal.

During the process

Spray a few sprays of water on the inner walls of the bag every day using a clean water spray so you keep the environment in the bag humid. Do not spray directly on the mycelium or on the fruit bodies.

Harvest

The first mushrooms will start to show between 10-25 days. When the temperature has been a few degrees too low (or too high) it can last up to four, even five weeks. The mushrooms will be ripe several days later.

Picking

Before picking the mushrooms wash your hands and underarms thoroughly with soap, disinfectant gel, or use sterile examination gloves. Pick the mushrooms when the membrane connecting the hat and the stem starts to tear. Pick the mushrooms that are ripe and let the others develop a bit more. Remove the mushrooms from the substrate by taking hold of the base of the mushroom and rotating your hand clockwise slowly, until it lets go. Avoid pulling out the mushroom! When you do this you risk damaging the mycelium and thus endangering future harvests.

Flushes

The mushrooms come up with a number at the time, this is called a "flush" or "wave" You will see that mushrooms in one flush will never be ripe at the same time. You can get more than one flush out of the kit!!

After the first flush

- a. Fill the contents of the grow box with clean water until the substrate is submerged.
- b. Close the lid.
- c. Store the kit for 12 hours in room temperature (better even is well protected in a plastic bag in the refrigerator!) so that the substrate will be completely soaked with water.
- d. After the soaking is done, open the lid and carefully pour the excess water out of the box. There should be no water at all in the plastic box after the soaking. Repeat steps (a-d) of the preparation process after every complete harvest to prepare your grow kit for the next flush. If you are experienced enough, you can have up to 7 or 8 flushes with the Supa Gro kit.

Spores

When being too late harvesting your mushrooms, they will release their spores. You will see when this has happened when there is a black layer on the smaller mushrooms, the substratum and the inside of the growbag. No harm is done. You can just continue without washing off the spores. They can be consumed without having any side effects on your trip or your health.

Mushrooms that grow from the sides

It might occur that mushrooms will grow between the sides of the plastic growbox and the substrate. Harvest them when you do the soaking/submerging. You might be able to prevent this unwanted growth by covering the outside of the plastic grow box with household aluminum foil and then putting the grow box (when it's been placed in the plastic growbag) inside the carton box. This prevents the light to come through the sides and decreases the chance of mushrooms growing there.

Be sensible

If you decide to consume the mushrooms we recommend to get well informed about the effects and their proper use. You can check our website for more information:

www.magic-mushrooms-shop.com

This kit is meant for small-scale home use only. Respect the laws of your country. Do not break the law!

IMPORTANT INFORMATION

Do not use mushrooms when:

- Younger than 18 years old
- Drinking alcohol or using other drugs
- Pregnant or breastfeeding
- Operating (heavy) machinery
- Participating in motorized traffic
- Using anti-depressives or medicine
- When having a mental or physical illness